

Powered by Nature ...Perfected by Science™



Daily Gut-Health Gard™^{1,2}



The PreMeal Companion®



**Fiber Choice®
...The Smart Choice™**



Nightly Sleep Companion™*



Works Broad⁵
An RCT found that IBgard® helps manage **multiple symptoms** of IBS.

Works Fast^{1,2}
76% of patients reported relief of abdominal discomfort and/or bloating within **2 hours**.

- Works with Good Tolerability**
- IBgard® is designed for **more distal delivery**. IBgard's SST® technology delivers microspheres of peppermint oil predominantly in the small intestine over a 3- to 4-hour period.^{3,4}
 - A post-marketing analysis of the adverse events voluntarily reported by IBgard® users demonstrated a low side effect profile.^{1,5}
 - SST® technology minimizes the potential for heartburn and anal burning, which are common side effects among older, oil-filled delivery technologies for peppermint oil.^{1,5}
 - Robust SST® delivery enables fast action and flexibility of dosing when needed, to help to avoid heartburn, unlike older peppermint oil products.^{1,5}

^{††} Among gastroenterologists who recommended peppermint oil for IBS. IQVIA ProVoice survey (2020).



Works Broad⁶
Helps manage the symptoms associated with FD, or Functional Dyspepsia (meal-triggered indigestion), specifically PDS symptoms, **in as early as 24 hours**.

Patient Satisfaction^{7,8}
In a 600-user reported outcomes study:

- **86%** reported **relief within 2 hours**.⁷
- **95%** reported **relief of overall FD symptoms**.⁷

Works with Good Tolerability
FDgard® is formulated with a combination of caraway oil and l-Menthol (the key active ingredient in peppermint oil), shown in a peer-reviewed and published medical journal to be effective in managing FD symptoms.⁶

[†] Among gastroenterologists who recommended herbal products for Functional Dyspepsia. IQVIA ProVoice survey (2020).



Helps Support Regularity⁹
Inulin fiber found in Fiber Choice® **significantly increased stool frequency** over a 4-week period in patients with constipation.⁹

Great Taste¹⁰
93% of consumers surveyed rated the taste of chewable tablets good to excellent. Gummies contain gelatin-free pectin and taste great.

Patient Satisfaction¹⁰
In a patient-reported outcomes study of patients taking Fiber Choice® chewable tablets...

- **71%** rated their regularity **very much improved/improved**.
- **88%** said **they would recommend** Fiber Choice®.

^{††} Among gastroenterologists who recommended a chewable fiber brand (tablets and gummies). IQVIA ProVoice survey (2020).



Advanced Ion-Powered Melatonin™
The patented REMfresh® technology facilitates continuous release and absorption throughout the GI tract.

Works Longer™
The first and only continuous release and absorption melatonin with Ion-Powered Technology™.

Patient Satisfaction^{12*}
In a patient-reported outcomes study of patients taking REMfresh®...

- **78%** reported sleeping **6 hours or more**.
- **91%** reported **major/moderate improvement** in sleep onset, sleep maintenance and total sleep quality.

Works Night After Night^{12*}
• **77%** indicated taking REMfresh® **nightly**.

Works with Quality
Pharmaceutical-quality manufacturing: REMfresh® is made with 99% ultrapure UltraMel® melatonin.

⁵ Among primary care physicians with a certification in sleep disorders who recommended a brand of melatonin. IQVIA ProVoice 2020 survey.

For more information, including dosage recommendations, visit the Nestlé Health Science Medical Hub, at www.nestlemedicalhub.com.

Learn More & Request Samples via the Nestlé Medical Hub App

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To order samples, go to:
www.nestlemedicalhub.com